



MEDICAL WEIGHTLOSS & MEDSPA

**Personal History:**

Name: \_\_\_\_\_ Date: \_\_\_\_\_  
Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Sex (M/F): \_\_\_\_\_ Race: \_\_\_\_\_  
Address: \_\_\_\_\_ City, State, Zip: \_\_\_\_\_  
Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_ Carrier: \_\_\_\_\_  
Email: \_\_\_\_\_  
Employer: \_\_\_\_\_ Occupation: \_\_\_\_\_ Work Phone: \_\_\_\_\_  
Emergency Contact Name and Phone: \_\_\_\_\_

How Did You Hear About Ageless? PLEASE CHECK ONE: BE SPECIFIC

- Physician Referral Name: \_\_\_\_\_
- Client Referral Name: \_\_\_\_\_
- TV Station Name: \_\_\_\_\_
- Radio Station Name: \_\_\_\_\_
- Print Name: \_\_\_\_\_
- Social Media Explain: \_\_\_\_\_
- Event/Health Fair Explain: \_\_\_\_\_
- Other Explain: \_\_\_\_\_

Briefly describe your treatment interest: \_\_\_\_\_  
\_\_\_\_\_

**Skin Type Information:**

Which type of the following best describes your skin response to the sun? (Please check only ONE type)

- \_\_\_\_\_ Always Burns, Never Tans      \_\_\_\_\_ Always Burns, Sometimes Tans      \_\_\_\_\_ Rarely Burns, Always Tans
- \_\_\_\_\_ Sometimes Burns, Always Tan      \_\_\_\_\_ Brown, Moderately Pigmented Skin      \_\_\_\_\_ Black Skin

Which of the following best describes your skin type? (Please check only ONE type)

- \_\_\_\_\_ Normal    \_\_\_\_\_ Dry    \_\_\_\_\_ Sensitive    \_\_\_\_\_ Oily    \_\_\_\_\_ Combination: If so, explain \_\_\_\_\_

Which of the following best describes your facial complexion? (Please check all that apply)

- \_\_\_\_\_ Age Spots      \_\_\_\_\_ Freckles      \_\_\_\_\_ Uneven Skin Tone      \_\_\_\_\_ Whiteheads
- \_\_\_\_\_ Rough Texture      \_\_\_\_\_ Blackheads      \_\_\_\_\_ Spider Veins/Red Spots      \_\_\_\_\_ Acne
- \_\_\_\_\_ Scars      \_\_\_\_\_ Wrinkles/Fine Lines      \_\_\_\_\_ Enlarged Pores

**Skin Care Products:**

Please list all products/brands you are currently using:

Moisturizer \_\_\_\_\_ Cleanser \_\_\_\_\_  
 Mask/Scrub \_\_\_\_\_ Toner/Astringent \_\_\_\_\_  
 Eye Cream \_\_\_\_\_ Topical Treatments/Meds \_\_\_\_\_  
 Makeup \_\_\_\_\_ Sunscreen \_\_\_\_\_  
 Other \_\_\_\_\_

**Medical History:**

Are you currently under the care of a physician? \_\_\_\_\_ Yes \_\_\_\_\_ No  
 Are you currently under the care of a dermatologist? \_\_\_\_\_ Yes \_\_\_\_\_ No  
 Do you have an autoimmune disease? \_\_\_\_\_ Yes \_\_\_\_\_ No If yes, please explain \_\_\_\_\_

Do you have any of the following medical conditions? (Please check all that apply)

Cancer     Cold Sores     Lupus     Herpes     High Blood Pressure  
 Arthritis     HIV/AIDS     Hepatitis     Rosacea     Hormone Imbalance  
 Psoriasis     Eczema     Thyroid Imbalance     Blood Clotting Abnormalities  
 Seizure Disorder     Keloid Scarring     Any Active Infection     Skin Disease/Skin Lesions

Do you have any other health problems or medical conditions? (Please List) \_\_\_\_\_

What medications **or** over-the-counter drugs are you presently taking? (Please check all that apply)

Birth Control Pills     Hormones     Antibiotics     Steroids  
Vitamins/ Herbs (Please List) \_\_\_\_\_  
Others (Please List) \_\_\_\_\_

What topical medications are you currently using? \_\_\_\_\_

Do any of the above medications make you photosensitive? \_\_\_\_\_

Have you ever used Accutane?  Yes  No    If so, when? \_\_\_\_\_

Have you ever used Renova, Retin-A, Tazorac, Avita?  Yes  No    If so, when? \_\_\_\_\_

Have you ever used glycolic, lactic or salicylic acid products?  Yes  No    If so, when? \_\_\_\_\_

Have you ever had any of the following? (Please check all that apply)

Facial Surgery     Dermal Fillers     Botox® or other neurotoxin     Chemical Peels  
 Laser Resurfacing     Laser Hair Removal     Microdermabrasion     Other

Other: Explain \_\_\_\_\_

When? \_\_\_\_\_

Have you used any of the following to treat unwanted hair? (Please check all that apply)

Shaving     Depilatory/ Bleaching Creams     Waxing     Electrolysis     Vaniqa®  
 Tweezing     Laser: If so, when? \_\_\_\_\_

Do you form thick or raised scars from cuts or burns?  Yes  No

Do you have hyper pigmentation (darkening of the skin) or hypo pigmentation (lightening of the skin) or marks after physical trauma?  Yes  No    If yes, please explain: \_\_\_\_\_

Are you undergoing chemo or radiation therapy?  Yes  No    If yes, explain: \_\_\_\_\_

Have you recently used any self-tanning lotions or treatments?  Yes  No    If yes, explain: \_\_\_\_\_

Do you wear sunscreens?  Yes  No    How Often? \_\_\_\_\_ SPF \_\_\_\_\_

Females:

Are you pregnant?  Yes  No    Planning to become pregnant?  Yes  No

Are you using contraception?  Yes  No    Are you breastfeeding?  Yes  No

**Allergies:**

Have you ever had any allergic reaction to any of the following? (Please check all that apply)

Food     Latex     Cosmetics     Aspirin     Other  
 Lidocaine     Hydrocortisone     Hydroquinone/Skin Bleaching Agents

Describe the reaction you experienced: \_\_\_\_\_

***I certify that the preceding medical, personal and skin history statements are true and correct. I am aware that it is my responsibility to inform the technician, esthetician, therapist, doctor or nurse of my current medical or health conditions and to update this history as a current medical history is essential for the caregiver to execute appropriate treatment procedures.***

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Witness: \_\_\_\_\_ Date: \_\_\_\_\_